

clutched

clambered

clumsy

ached

feud

superior

refuse

insult

If you clutched something you held it tightly.

If you clambered you climbed with both hands and feet

When you trip and fall or when you can't move easily you may feel clumsy.

If you ached you felt sore or were in pain.

If you had a feud with someone you have a big argument.

If you are superior you are the best.

If you refuse something you don't want it.

If you insult someone you say something mean.

# Lesson 8